



Lux Terra Leadership Foundation

NEWSLETTER

JANUARY - MARCH, 2014

Summary Reports of Recent Programmes

PSYCO-SPIRITUAL INSTITUTE TAKES FIRM ROOT IN NAIROBI, KENYA

The Psycho-Spiritual Institute set up in 2012 by Lux Terra Leadership Foundation in collaboration with Missio Aachen (Germany) is up and running at its first training facility in Chemchemi Centre, Nairobi, Kenya. Its

emotional stress in their vocations and daily lives.

The Institute is presently administered from the Lux Terra Leadership Foundation office in Abuja, Nigeria and



aim is to provide specialist training in Psycho-spiritual therapy and Christian counselling for priests and religious from English-speaking African countries. The training dynamics is thus a marked departure from the regular tertiary training in Psychology.

Graduates of the regular 2-year PSI training programme will, as a result, be equipped to offer professional psychological and spiritual care and counselling to the increasing number of their colleagues, other pastoral agents and indeed the lay faithful in ecclesiastical jurisdictions across English-speaking Africa, who are experiencing psychological and

two more training centres are planned for Kampala (Uganda) and Accra (Ghana).

An intensive 'Training of Trainers' programme which began at the Nairobi Institute in August 2013 with a pioneer group of eleven priests and sisters from several African countries, will be concluded with a short closing ceremony on the 9th of May, 2014. These trained experts will be absorbed into the faculty of the institute.

Admissions are ongoing for the August, 2014 intake of 20 pioneer students for the 2-year course at the Chemchemi ya Uzima Centre in Nairobi, Kenya and there is excitement in what is considered a novel development.

www.psi-online.org

LEADERSHIP TRAINING FOR PROSPECTIVE SECONDARY SCHOOL PREFECTS

In January 2014, an intensive leadership training programme was conducted for the over 150 students of SSII of Regina Pacis College, Abuja.

As students aspiring and qualifying to be prefects in the final SSIII class, they were taken through lectures, discussions and group exercises in various leadership-oriented topics including: Self Esteem; Leading Young People; Living a Life of Focus; Leading from Within; The Perfect Prefect; Learning to Manage People; Peer Group Influence; and the Responsible Use of ICT.

From this training which included copious group dynamics, students learned how to develop their positive traits and potential, and thereby place themselves in vantage positions to become good future leaders.



*"A society grows great
when the leaders
plant trees whose shades
they know they shall
never sit in"*

3 STAGE TRAINING WORKSHOP ON INTER-FAITH DIALOGUE SKILLS-BUILDING WORKSHOP ROUNDS-UP IN LUX TERRA COMPLEX

In a series of three 4-day training workshops on inter-faith dialogue skills organized at the Abuja office complex,

needed in dealing with interfaith challenges and improving relations. The qualities of Complexity Awareness, Self

Expression and Appreciative Understanding were expatiated in their multiple dimensions and elements, with practical exercises to highlight the creativity and leadership skills that can be drawn on to engage and resolve real-life conflict and dialogue situations.



COMMUNICATIONS DEPT. PREPS FOR STRATEGIC PLAN

The management and staff of the Communications Department of the Catholic Archdiocese of Abuja on February 7, 2014, gathered at the Lux Terra office complex for a one-day intensive and interactive engagement in advancing and applying strategic planning techniques for the development of the Department's 5-year Strategic Plan for 2014-2019.

Members of the faculty of Lux Terra Leadership Foundation provided the content support for the various sessions and group dynamics, the objective of which was to enhance a guided approach to strategic planning and to help translate it to the Communications Department's own vision and mission for optimal effect in its programmes and operations.

Participants went through such strategic planning tools and methods as the SWOT and PEST analyses – (acronyms for Strengths, Weaknesses, Opportunities, Threats; and Political, Economic, Social, Technological elements) – used in dealing with the internal and external factors affecting strategic project planning. They also addressed the mass media imperative in communications organizations, and the practical and effective application of the S.M.A.R.T. principle in management.

Group sessions involving group exercises, brainstorming, discussions and feedback served to reinforce the positive outcome of the strategic planning initiative.

the last of which held February 3-6, 2014, Lux Terra Leadership Foundation in collaboration with Perspectivity, a non-profit organization based in The Netherlands, hosted participants from various faith-based organizations in Nigeria.

They included the Islamic Education Trust in Minna, Niger State; the Inter-faith Mediation Centre, Kaduna; the Dialogue, Reconciliation and Peace Centre, Jos, Plateau State; Federation of Muslim Women Association of Nigeria; Movement for Islamic Culture and Awareness; and the Nongo U Kristu Ken Sudan Hen Tiv (NKST) in Abuja.

Organized as an initiative of the Inter-faith Activity and Partnership for Peace (IFAPP) of which Lux Terra is a co-convenor, the workshops had as their central theme: "Common Cause for Improved Inter-faith Relations." The objective of the training was to equip participants with dialogue skills and make them effective facilitators and trainers in inter-faith dialogue.

The training was anchored on three key attributes considered essential for developing productive dialogue skills

SCHOOL'S LEADERSHIP CLUB VISITS LUX TERRA COMPLEX

On March 7, 2014, members of the Leadership Club of Lead British International School Gwarimpa came on an excursion to the Lux Terra Office Complex. In brief interventions during the visit, the students were taken through four topics, namely: Vision and Mission of Lux Terra Leadership Foundation, Self Esteem and Peer Pressure Influence, Leadership and Management, and Effective use of ICT. They were encouraged to imbibe the positive values highlighted in the interventions if they aspire to become effective leaders of tomorrow.



UPCOMING EVENT

Lux Terra Partners Forum: 1st May, 2014. At: Lux Terra Complex Apo, Abuja

ACKNOWLEDGEMENT

We acknowledge and thank you for your contributions to Lux Terra Leadership Foundation. Your continued support of the Foundation is critical to our capacity to organise and run these programmes of leadership development in Nigeria.

We look forward to your sustained commitment through financial contributions to our Account No.: 1001459442 at Keystone Bank, Asokoro, Abuja.

Look out for regular updates of the projects, programmes and activities of the Foundation via this medium.

Executive Director